

Systemic questions (parents, friends, etc.)

- If you could imagine your dream job, what would it be?
- What would your parents, friends recommend you to do?

Hypothetic questions (dream job, open options)

- If you had all options open, what would you consider doing?

Summarizing

- Can you summarize the steps you have taken so far?

Paraphrasing

- Have I understood it right? You would like to go abroad but you don't know how to deal with...?

Showing Empathy

- Cautious expression and understanding of feelings and reflecting these

Request of sharing stories and information

- Please tell me something about your strengths and weaknesses!
- Can you tell me why you don't want to continue with your upgrade vocational course?

Positive Strengthening

- This is a very good idea to gather (more) information about ...



Pool of
Methodology
Tools
(Questioning
and Listening)